

SINCE 1999

POST CAFE

MARRICKVILLE

MENU



02 9560 9909

ALL DAY BREAKFAST

CHOICE OF EGGS 13.9

Sourdough and roasted tomato (V)

MEDI STACK 23.9

Poached free range eggs, avocado, heirloom tomatoes, fetta, haloumi, sourdough (V)

POST BENEDICT 19.9

Choice of bacon, salmon or ham, poached free range eggs, sauteed spinach, hollandaise sauce

GREEN BOWL 18.9

Kale, spinach, pepitas, zucchini, avocado, quinoa, pickled turnips, in house green goddess dressing (V)

ACAI BOWL 19.9

Açai, seasonal fruits, granola, coconut shreds, chia seeds

SHAKSHUKA 21.9

Baked free range eggs, peppers, zucchini, fetta, eggplant, mildly spiced red sauce, zaatar bread (V)

BIG BREAKFAST 23.9

Choice of free range eggs, bacon, tomatoes, hash brown, beef chorizo, mushrooms, haloumi, sourdough

OMELETTE FRENZY 19.9

Mushrooms, topped with mozzarella cheese, tomatoes, red onion, baby spinach, capsicum, zaatar bread (V)

ZAATAR STACK 20.9

Poached free range eggs, avocado, tomato, cucumber, feta, sourdough, zaatar oil

PANCAKES 22.9

Buttermilk pancakes, lemon ricotta, seasonal fruits, maple syrup (V)

BACON & EGG ROLL 9.9

Bacon, fried free range egg, milk bun, sauce choice

BREKKY WRAP 14.9

Scrambled free range eggs, hash brown, avocado, bacon

ADD ON'S

\$4: Mushroom / Roasted Tomato / Spinach

\$5: Bacon / 2 Eggs / 2 Haloumi Pieces / Beef Chorizo / Smoked

Salmon / Avocado / Hash Brown / Mushroom Sauce

WEEKLY SPECIALS

MEDI BREKKY 18.9

Scrambled eggs, fetta, labneh, beef chorizo, hash brown, cucumber, tomato, olives, zaatar, Lebanese bread

BELGIUM WAFFLES 15.9

2x waffles topped with melted chocolate, strawberries and ice cream

FROM THE GRILL 26.9

250g Scotch fillet choice of sauce, and chips & salad OR mash & veggies

QUICK BITES

TOAST 5.9

Choice of: turkish, rye, soy linseed, white sourdough, or gluten free with your choice of condiment

BANANA BREAD 5.9

FIG & RAISIN TOAST 6.9

STEAK SANDWICH 16.9

Scotch fillet, lettuce, tomato, caramelised onion, beetroot, onion rings, mustard mayo

BLAT SANDWICH 14.9

Bacon, lettuce, tomatoes, avocado, mayo

CLUB SANDWICH 15.9

Chicken, lettuce, bacon, avocado, cream cheese

CHICKEN WRAP 12

Grilled chicken, lettuce, tomato, tasty cheese, mayo

FALAFEL WRAP 10

Falafel, lettuce, tomato, pickled turnips, tahini

TURKISH GOZLEME 14

Spinach & cheese

BURGERS SERVED ON A MILK BUN WITH A SIDE OF CHIPS

VEGE BURGER 17.9

Grilled mushroom, haloumi, lettuce, onion, tomato, aoli

DOUBLE BEEF BURGER 21.9

2 Wagyu beef patties, lettuce, tomato, onion, American cheese, Post sauce, pickles

SOUTHERN FRIED CHICKEN 18.9

Crispy chicken, coleslaw, American cheese, spicy mayo

GRILLED CHICKEN 19.9

Grilled chicken, lettuce, tomato, avocado, American cheese, mayo

SALADS

GRILLED CHICKEN 17.9

Grilled chicken, avocado, tomato, onion, mixed lettuce, peppers (We recommend adding haloumi +\$5)

LAMB RUMP SALAD 19.9

Chickpeas, avocado, baby spinach, tomatoes, crumbled feta, house made dressing

MAINS

MAMA'S FALAFEL PLATE 18.9

Falafel balls, mix leaves, parsley, tomatoes, olives, onion, lemon wedge, beetroot hummus, tahini dressing

POST SCHNITZEL 22.9

Schnitzel with your choice of salad & chips OR veggies & mash, and mushroom sauce. Make it a Parmy (+3)

CHICKEN FUNGI 21.9

2 pieces of grilled chicken, chips, salad, mushroom sauce

TEMPURA FISH 18.9

2 pieces of fish fillets, chips, salad, tartare sauce

NUTRITION PLATE 19.9

Grilled chicken, brown rice, steamed seasonal veggies

GRILLED SALMON 23.9

Grilled salmon fillet, pica de galo, couscous salad

LAMB SOUVLAKI PLATE 23.9

2x lamb skewers, pita bread, chips, Greek salad, housemade tzatziki

PASTA

PESTO PENNE 18.9

Marinated diced chicken, heirloom tomatoes, basil pesto, spinach, pine nuts, parmesan cheese

FETTUCCINE BOSCAIOLA 21.9

Chicken, bacon, mushrooms, creamy white sauce, parmesan cheese

PENNE NAPOLITANA 15.9

Penne, home made nap sauce, parsley add chicken **+5.90**

SIDES

LARGE CHIPS 8

GREEK SALAD 8.5

WEDGES 8.9

Sweet chilli and sour cream

KIDS (UP TO 12)

POPCORN CHICKEN & CHIPS 9.9

TEMPURA FISH 9.9

Tempura fish piece, steak cut fries

BEEF SLIDERS 9.9

2 beef sliders, steak cut fries

KIDS PANCAKES 12.9

Strawberry, nutella, ice cream

DRINKS

FRESHLY SQUEEZED 9.5

Trophouse – orange, pineapple, watermelon & coconut water

Green Machine – apple, cucumber & celery

The Cleanser – orange, apple, carrot & ginger

Mixologist – (Choose 4) orange, pineapple, watermelon, apple, celery, carrot & ginger

MILKSHAKES 7.5

Chocolate, caramel, strawberry, vanilla, banana

COLD BREW 5.5

SMOOTHIES 9.5

Mango smoothie - mango cheeks, mango nectar, ice cream

Berry smoothie - coconut water, mixed berries, banana

Acai smoothie - acai, coconut water, and banana topped with granola and coconut shreds

Banana frenzy - banana, ice cream, honey, milk

PROTEIN SHAKES

Berry 9.5

Banana 9.5

COFFEE REGULAR LARGE

Cappuccino 4 4.5

Flat White 4 4.5

Latté 4 4.5

Long Black 4 4.5

Hot Chocolate 4 4.5

Chai Latte 4 4.5

Espresso 3.5

Piccolo 3.5

Macchiato 3.5

Iced Chocolate 6.5

Iced Coffee 6.5

Iced Latté 6.5

Iced Long Black 6.5

Extra: shot, syrup, milk, chocolate, chai 0.5-1

LOOSE LEAF TEA 4.5

English Breakfast, Chamomile, Earl Grey,

Peppermint, Green, Chai

SOFT DRINKS FROM 4

PUREZZA WATER BOTTLE 750ML

Still 4

Sparkling 7.5

All our chicken is marinated.